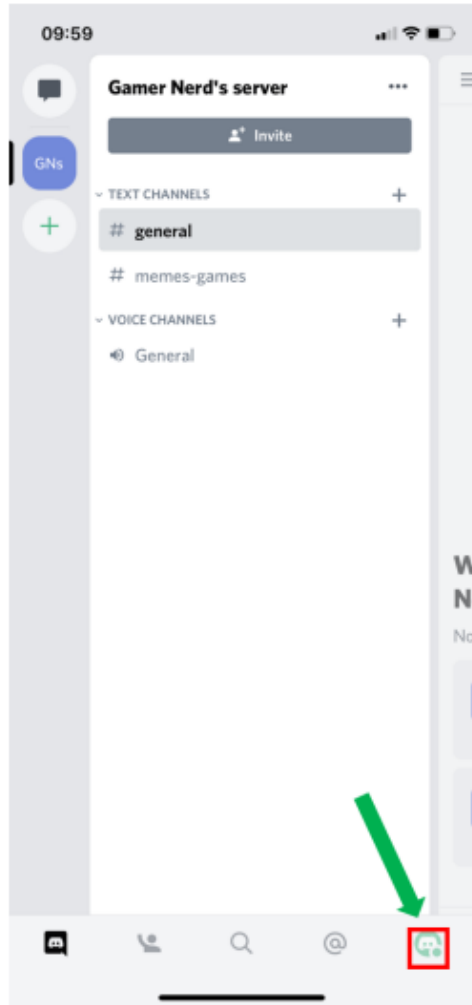# Parent and carer guide to eSafety
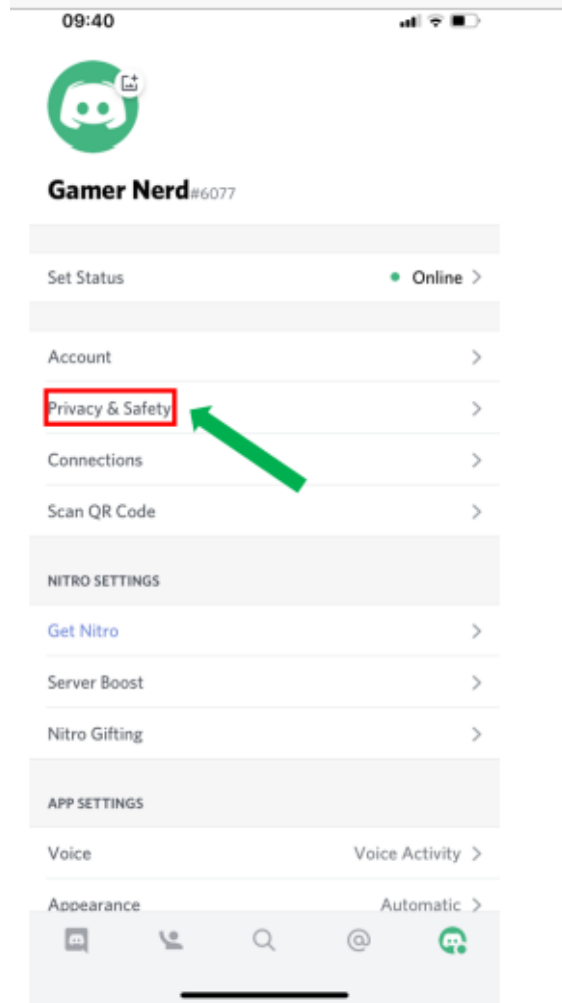
Setting restrictions on Discord

What is Discord?

Discord is a social media platform which used by many children around the world. Users can join chat room's and servers based on different topics such as gaming, sports etc. People can then chat to each other privately from these chat rooms, unless restrictions are in place. There are lots of safe servers which are run by local youth groups however, it is important to be very careful about what servers our students are joining as there are thousands of discord servers.
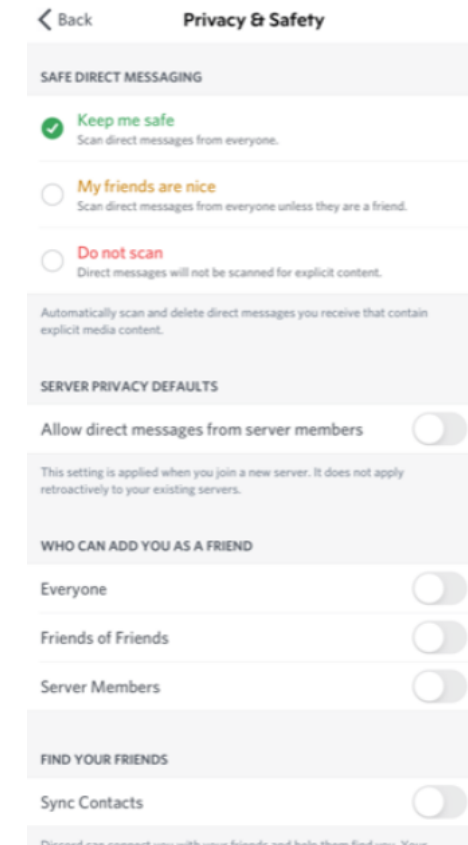
1. Go onto the discord app
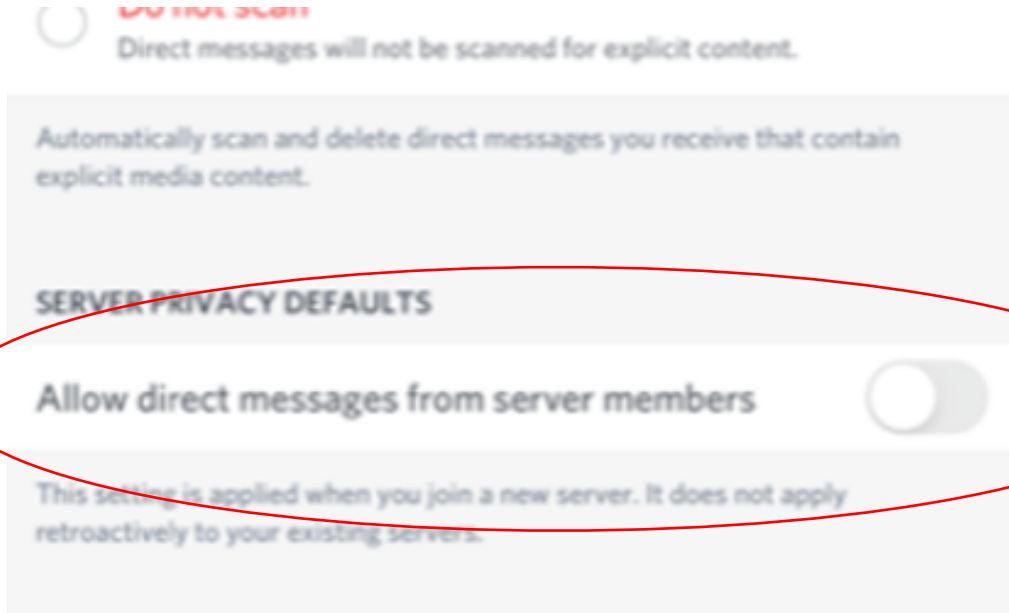

2. Click privacy and settings

3. Tap 'Keep me safe'. This scans messages from everybody whether they are a friend or not. Discord should filter out any explicit material however this should be monitored by parents because it is possible that explicit content can still get through and not be picked up straight away.
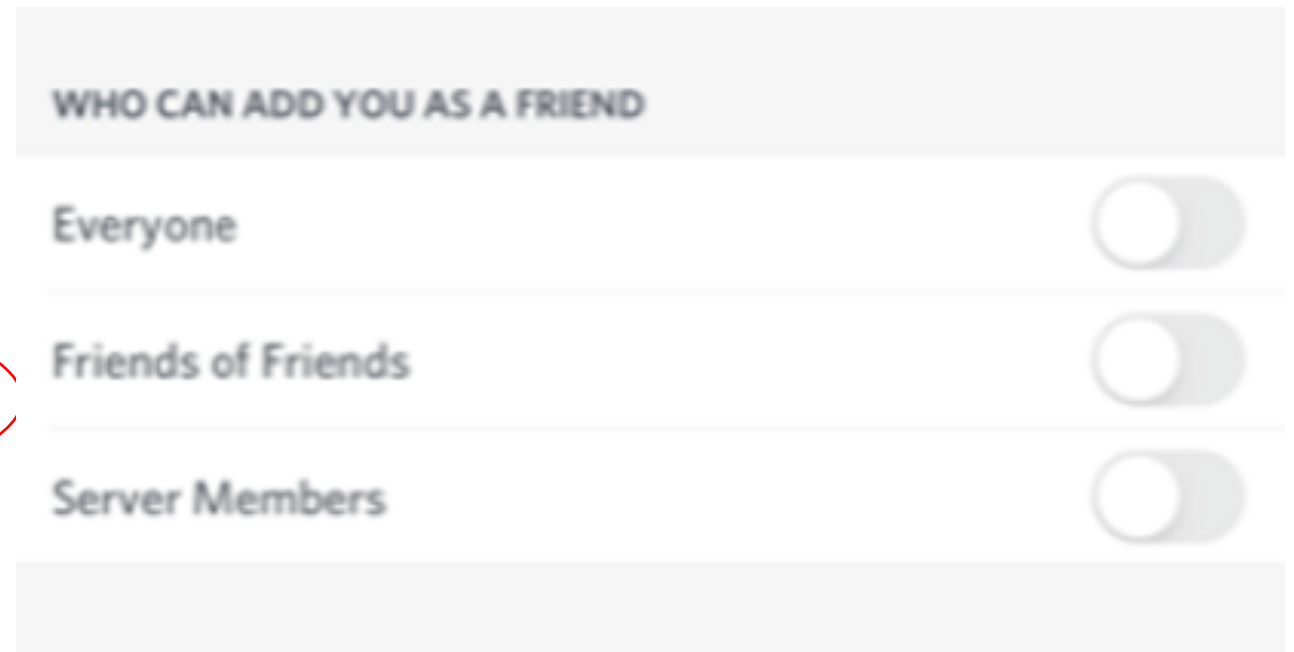

Some photos from: https://www.internetmatters.org/

4. You can scroll down the same page to stop people from being able to send you a direct message from a server. It is recommend to have this switched off so that people from discord servicers cannot message you directly.

5. Here you can restrict who can add you as a friend. It Is recommended to only allow server members to add you. With that said, it is important to be still be aware of what servicers your children are accessing as there are thousands of discord servers.

Direct messages will not be scanned for explicit content.

Automatically scan and delete direct messages you receive that contain explicit media content.

SERVER PRIVACY DEFAULTS

Allow direct messages from server members

This setting is applied when you join a new server. It does not apply retroactively to your existing servers.

WHO CAN ADD YOU AS A FRIEND

Everyone

Friends of Friends

Server Members

Additional tips

- Continue to have additional filters on the device itself (e.g IOS or Android device).

- Children can go in and change these settings back themselves, so it is still important to monitor them and make sure you know the passwords to access the accounts.

- Pay close attention to what servicers children are joining. Some of them may come across as child friendly however, we cannot assume this is the case.

- If your children attend any local youth groups, see if they have any discord servers that they use instead for youth clubs as these are more likely to be monitored by a responsible adult