



Has your child received an autism diagnosis?

Join the National Autistic Society's EarlyBird Plus programme to understand more about autism and how you can support your child.

Meet other parents and share experiences.

The EarlyBird Plus programme is designed for parents of primary school aged children. We aim to help you understand and support your child, including:

- supporting interaction
- understanding sensory differences
- developing play
- interpreting behaviour.

The programme draws from well-established practice in the field of autism and uses an established framework of increasing autism knowledge before considering communication, developing understanding of their child's behaviours and supporting strategies.

"EarlyBird Plus is an absolute must to help you begin to learn and understand how your child's mind works."

Parent

This EarlyBird Plus programme is for families

- ✓ who live in the London Borough of Ealing,
- ✓ who have their GP in Ealing
- ✓ whose child is about to be 5 years old/ up to the age of 7 and goes to school in Ealing.

"We aim to build both parents' and professionals' confidence and encourage them to problem solve together."

Professional

Due to Covid restrictions, the programme is delivered online by experienced, trained professionals. Groups of four parents/ carers/ professionals meet weekly with their EarlyBird Plus trainer, for 6 weeks. Each weekly session lasts for approximately 120 minutes. In addition, we also offer 1:1 consultations by phone or video link, if needed. We ask families to try and attend all 6 sessions, in order for them to get the best out of the programme. Two places are allocated to each family, with a third available for a professional, such as a teaching assistant or another supporting adult who regularly works with your child. The professional/ supporting adult is also able to choose to attend part of the programme, if their school is unable to release a staff member.

Are you interested in joining the programme?

Email the EarlyBird Plus team to request an application form: parentcourses@springhallow.ealing.sch.uk

Once we have received your email, we will place you on a waiting list and contact you to invite you to an online information session to give you more details about the programme.