



Autumn Newsletter 2023

Message from Katie (Assistant Head)

As we approach the festive holidays, thank you to the staff, students and parents for their continued support to Post 16 as well as the local community and organisations. Special thanks to the **B & Q** and **Tesco** for donating Christmas trees and **Amazon Fresh** for 160 'Back to school' Kits. Thank you to the many organisations that support our learners. We had our Winter Alumni event and welcomed ex-students and a social evening at **Nandos**. We also raised £239 for **Macmillan** and £75 for **Children in Need**. We celebrated World Teachers day, Thanksgiving as well as Diwali and Remembrance Day. **Have a lovely festive break and a Happy New Year!**



Message from Lauren (Jupiter):

Jupiter class have had a fantastically busy term. We have enjoyed a range of activities, celebrations and work experiences. Some of the class delved into the world of podcasting with **BEE** whilst some really enjoyed tennis with **Getset4tennis** and others went to pottery classes at main school. Many applied for work experiences both in and out of Post 16, e.g. Spring Shop, **Bridge Hotel** and **Hobby Craft**. As well as these amazing opportunities, students have also enjoyed enrichment and enterprise afternoons where they have chosen to do art, yoga or textiles, designed, and made t-shirts to sell. For Maths, we have focused on our Functional skills on the topic of number and in Literacy; we have looked at a range of fiction and non-fiction texts. We have used these texts to form



opinions and express ourselves in creative ways both verbally and written. In Life skills we have looked at personal hygiene, budgeting and banking – we visited some local banks to find out some information. In October, we celebrated Black History Month and the topic was "celebrating our sisters, Jupiter wrote some wonder fact files and had some powerful conversations. We look forward to more exciting trips and opportunities next term!



Message from Ruben (Neptune) Students had the opportunity to take part in a range of activities in school, and within the community. For Maths, students have been working on different mathematical operations and English, reading storybooks and comprehension skills. Weekly shopping trips within the local community, prepare for their cooking sessions, which they have been making fruit salads, cornbread, biscuits and a range of pizzas. Students also embraced an Enterprise project of making scented coloured candles to sell to the public. A small number of students have taken part in maintenance and housekeeping work experience roles at the **Bridge Hotel** and



some outdoor activities including gardening and grounds maintenance at **Boston Manor Park**. Throughout all placements and activities, students demonstrated excellent attitude and engagement skills! Finally, some students took part in a range of work experience placements and trips to a number of businesses across London. As part of the BEE project, they visited **Blue Zoo studios**, **NBC Universal studios**, **Garden House**, **Tesco** and **Sainsbury's distribution centres**. These fun and



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engaging trips, offered students an insight of the work environment in broadcasting and animation office studios, and working in huge warehouses, processing online shopping orders from customers who completed their shopping on the company's website. Well done Neptune students!!!



Message from Estine (Saturn): Saturn Class have been sailing with an organization called **CVSS**, which supports people with disabilities in Rickmansworth as a great source of therapy, and learning a new skill. We visited **Frameless**; an 'immersive art experience' in Marble Arch and the journey on the central line was also a new experience for our class. Other trips included '**Blue Zoo Animation**' and '**Universal Studios**' and the 'Careers Fair' at Springhallow School was a great chance for students to begin

thinking about their futures. We recently began a 'drama group' with our therapists and will perform 'Little Red Riding Hood'. We have engaged a lot with our local community such as **Tesco** and '**Bookers**' to restock 'Spring Shop'. Once again, we are preparing to sell products for our 'Enterprise Project' including Nativity Scenes, baubles and Reindeer. Our weekly Social Breakfast session with Mercury on Wednesday mornings encourages communication with their peers and increases their independence skills.



Message from Athina (Mercury): It has been a fantastic term at college, full of exciting events including; **Macmillan** Coffee morning, Black History Month, Diwali, Remembrance Day, Anti-bullying and Road Safety Week and **Children in Need**. **Jordan** visited Post 16 again this year and students listened to stories from black culture heritage from different Caribbean, European and Asian cultures.



Mercury class participated in work experience at **Boston Manor Park**. Students were learning about different plants and trees and how to keep the park tidy. Students helped make a living hedge using twigs to help the eco system and encourage wildlife in our local park. We also took part in work experience at the Bridge Hotel. Students were picking up litter and clearing the garden from the leaves, using gloves and litter pickers. This term, our focus was eating healthy and preparing a simple meal. Students made fruit smoothies, pasta bake, banana muffins and apple tarts. As part of our travel training and preparation for adulthood, students make shopping lists for ingredients that they use to buy in our local shops. For enterprise this term, we used air-dry clay to make Christmas ornaments that we will be selling at the Festive Winter Fair at Springhallow School. Students also made dotted animal money boxes inspired by the modern artist Yayoi Kusama that will be on sale too.



Special thanks to the following:



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