

Secondary – Key Stages 3 & 4

Relationships (Statutory - this will be taught in accordance to your child's age and understanding).	Science (Statutory - this will be taught in accordance to your child's age and understanding).	Sex Education (Non-statutory - parents must be notified and given the option to opt out).
Autumn 2023 Key Stage 3: Healthy v Unhealthy Relationships Key Stage 4: Healthy v Unhealthy Relationships inc Media Portrayal		
<p>Key Stage 3&4:</p> <ul style="list-style-type: none"> • Different types of families and relationships. • Respectful relationships including friendships and stereotypes, equality and bullying. • The characteristics of positive and healthy friendships <p>Key Stage 4:</p> <ul style="list-style-type: none"> • Online relationships incl. social media (incl. online bullying) • Online risks 	<p>Key Stage 3&4:</p> <ul style="list-style-type: none"> • Reproduction in humans, including the structure and function of the male and female reproductive systems, menstrual cycle. • Reproduction in plants. 	<p>Key Stage 3&4:</p> <ul style="list-style-type: none"> • Healthy one-to-one intimate relationships. • The facts about reproductive health including miscarriage. • Managing sexual pressures. • Choices in relation to pregnancy. • Where to access confidential sexual and reproductive health advice and treatment.

Spring 2024

Key Stage 3: Physical & Emotional Changes of Puberty (including menstruation)
Key Stage 4: The Law including forced marriage, honour based violence and consent (capacity)

Key Stage 4:

- what marriage is, including their legal status.
- why marriage is an important relationship choice for many couples and why it must be freely entered into.
- the roles and responsibilities of parents.
- the concepts of, and laws relating to, abuse, grooming, coercion, harassment, domestic abuse, forced marriage, honour-based violence and FGM, and how these can affect current and future relationships.

Key Stage 3:

- the positive associations between physical activity and promotion of mental wellbeing, including as an approach to combat stress.
- Key facts about puberty, the changing adolescent body and menstrual wellbeing.
- Changes in males and females.
- Science relating to blood, organ and stem cell donation.

Key Stage 4:

- sexual harassment and sexual violence.
- Pornography.
- Sexual consent (in all contexts, including online).

Summer 2024

Key Stage 3: Consent (inc capacity)

Key Stage 4: Contraception & Preventing STIs (inc lifestyle, how effects fertility)

Key Stage 3:

- how people can actively communicate and recognise consent from others, and how and when consent can be withdrawn (in all contexts, including online).

Key Stage 4:

- communicable diseases including sexually transmitted infections in humans (including HIV/AIDs)

Key Stage 3:

- sexual consent (in all contexts, including online).

Key Stage 4:

- contraceptive choices.
- Pregnancy including miscarriage.
- Choices in relation to pregnancy.
- Safe sex (incl. condom use).
- The prevalence of some STIs, the impact they can have on those who contract them and key facts about treatment.